



Newsletter Week 2 Term 2 2023

Issue 6

26th April 2023



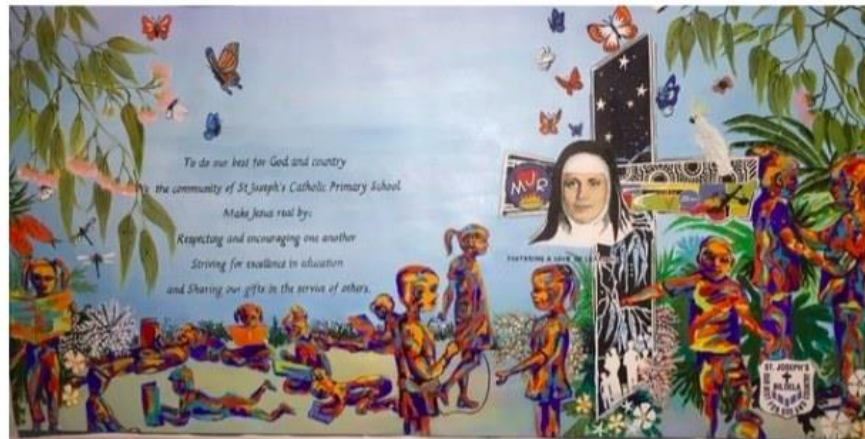
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Our Mission



St Joseph's School Improvement Plan 2023



Dimension 1 - Catholic Identity

By the end of the 2023, all staff will understand and will have had formation opportunities to engage in Personal development with the key concepts underpinning Catholic Identity such as recontextualisation.

Dimension 2 - Effective Learning and Teaching

By the end of 2023, all staff will clarify, articulate, communicate, embed and evaluate whole school approaches to:

- Spelling and word study - ongoing
- Problem solving and Maths fluency / computational thinking skills / STEM
- Reading fluency

Dimension 3 - Pastoral Support and Wellbeing

By the end of 2023, practices will be in place throughout the school to recognise and support the importance of Berry Street Education Model (BSEM).

Dimension 4 - Leadership (Governance) Partnerships and Resourcing

By the end of 2023, all teaching staff will be familiar with using differentiation to enhance student learning and using formative assessment to inform next steps for student learning.

2023 Term Dates



Term 1: Monday 23rd January - Friday 31st March.

Term 2: Monday 17th April - Friday 23rd June.

Term 3: Monday 10th July - Friday 15th September.

Term 4: Tuesday 3rd October - Friday 1st December.

Important Dates



Week 2 Monday 24th April - P&F Meeting @6pm

Tuesday 25th April - ANZAC DAY PUBLIC HOLIDAY and MARCH

Wednesday 26th/Thursday 27th April - Life Education visit

Week 3 Monday 1st May - LABOUR DAY PUBLIC HOLIDAY

Tuesday 2nd May - Sacramental Workshop @6pm

Thursday 4th May - School Photo Day

Week 4 Friday 12th May - Mothers Day Mass @9am

Week 5 Tuesday 16th May - Board Meeting @6pm

Friday 19th May - BILOELA SHOW HOLIDAY

Week 6 National ESmart Week

Week 6 Wednesday: National Simultaneous Story Time

Week 6 Friday 26th May - Yr 2 Pentecost Mass @9am

Week 7 Tuesday 30th & Wednesday 31st May - Athletics Carnival

Week 9

Friday 16th June - Yr 1 Sacred Heart of Jesus Mass @9am

Week 10

Thursday 22nd June - Zone Athletics Carnival at Redeemer

From the Principal



Welcome to Week 2 of Term 2

May we allow ourselves to experience amazement at the joyful proclamation of Easter, at the light that illumines the darkness and the gloom in which, all too often, our world finds itself enveloped. Let us make haste to surmount our conflicts and divisions, and to open our hearts to those in greatest need.

Pope Francis Easter Message 2023

Welcome back to Term 2. It seems as though we have hit the ground running, with our calendar already full for this term. I hope everyone enjoyed a relatively stress free Easter break.

Parent/Teacher Interviews

By now, most parent/teacher interviews have taken place. I hope you have gained some insight into how your child is progressing with their learning. If you wish to continue the conversation, please contact your child's teacher, and arrange a time to discuss matters further. We really appreciate you taking the time to talk about your child's education and partnering with us for your child's benefit.

Building Project

We had a wonderful first week back and were super impressed with the children's resilience and ability to cope with the changes incited with the building works. I think they coped better than staff! To our surprise the builders are moving quite quickly. Admin and the Library were finished over the holidays and E block (years 1&2) was finished in the first 3 days back. We currently have year 5 working from the Library and year 4 working out of Mrs G's Arts room. The tuckshop, multipurpose room, undercover area and main playground will be blocked off for nearly 3 weeks as of tomorrow. Miss Tash will operate a small meal deal from the staff room for tuckshop next week.

Prep Enrolments 2024

We are now taking Prep enrolments for 2024. If you have a Prep aged child for next year or know of a family wishing to enrol their child, please drop in to collect an Enrolment package or give us a call. We are more than happy to take prospective families on a tour of our beautiful school.

ANZAC Day

Thank you to the students and families from St Joseph's who gave up their time yesterday to attend the Anzac Day March. I feel very blessed and proud to be apart of our school family. The children's commitment and dedication to attend such events is very much appreciated.

Thank you to Lachlan and Bodie for laying a wreath on behalf of St Joseph's and carrying out your first official school captain roles so capably.

Anzac Day is a day that goes beyond the anniversary of the landing on Gallipoli in 1915. It is a day when we pause to remember all Australians who have served and died in all wars, conflicts and peacekeeping operations. The spirit of ANZAC, with its human qualities of courage, mate ship and sacrifice continues to have meaning and relevance for our sense of national identity.

ANZAC day also invites us to stop, give thanks and reflect on the peaceful country in which we live. The war in Ukraine brings to sharp focus the bravery and sacrifice of those who have defended and continue to defend our way of life.

God of love and peace, we pray for our service men and women. Grant them the gift of your deep peace. May we who inherit the freedom for which they fought become instruments of your peace in our homes, workplaces, and the world. Lest we forget.



1 - Google images

Thought for the fortnight.....



2 - Google image

Wishing you all a wonderful start to Term 2.

Yours in Education,

Tina Knight

Restorative Practices

"The wellbeing and learning outcomes of young people are enhanced when they feel connected to others and experience safe, trusting relationships." (Education Council, 2018)

When issues arise in the classroom or playground, we ask these three questions.



From the APRE



Greetings and welcome to week 2 of term 2! I hope you all had a wonderful break with family and friends and that you were able to reflect upon the true meaning of Easter.

Virtue of the Week – Gratitude

Thank you to Mrs Knight and her helpers for presenting the virtue of gratitude this week.

Gratitude is pausing to notice and appreciate the things that we often take for granted, like having a place to live, food, clean water, friends, family, even computer access. It's taking a moment to reflect on how fortunate we are when something good happens — whether it's a small thing or a big thing.

We can use lots of words to describe feelings of gratitude: We might say we feel thankful, lucky, fortunate, humbled, or blessed.

Why Gratitude Matters

Gratitude doesn't just feel good. Making a habit of gratitude can also be good for us. Like other positive emotions, feeling grateful on a regular basis can have a big effect on our lives. Brain research shows that positive emotions are good for our bodies, minds, and brains.

- Positive emotions open us up to more possibilities. They boost our ability to learn and make good decisions.
- Positive emotions balance out negative emotions. People who often feel grateful and appreciative are happier, less stressed, and less depressed. Gratitude is like a U-turn on complaining or thinking about what we don't have.
- One positive emotion often leads to another. When we feel grateful, we might also feel happy, calm, joyful, or loving.
- Gratitude can lead to positive actions. When we feel grateful for someone's kindness toward us, we may be more likely to do a kindness in return. Your gratitude also can have a positive effect on someone else's actions. Thanking people can make it more likely they'll do a kindness again.
- Gratitude helps us build better relationships. When we feel and express heartfelt gratitude and appreciation to people in our lives, it creates loving bonds, builds trust, and helps you feel closer.

When we make it a habit to feel grateful, it makes us more aware of good things as they happen.



3 - Google images

I have been absolutely blown away with the final total raised for Project Compassion at the end of Term 1. Our wonderful school community managed to raise **\$1158.60**. This is an outstanding effort and thank you to everyone who contributed this year.

Sacramental Program

Our next Sacramental Program meeting is being held next Tuesday, 2nd May in the Catholic Centre at 6pm.

Anzac Day Liturgy and March

Thank you to Year 6 and Mrs Bode for presenting a beautiful Anzac Day Liturgy in the Catholic Centre on Monday afternoon as our school community honoured this special day. Also, thank you to all the families who attended the ANZAC DAY March yesterday. It was wonderful to see so many in attendance, paying respect to the heroes who fought for our freedom.



4 - Google images

Have a fantastic fortnight!

Many Blessings,

Mrs Z

From the School Curriculum Officer



In Year Three, students study the difference between a celebration and a commemoration. A celebration is a special or important event where we come together to 'celebrate' like a birthday or graduation. A commemoration is an event where we gather to remember or reflect. With this in mind, ANZAC Day is a commemoration where we pause to reflect and pay tribute to those who have paid the ultimate sacrifice to ensure that we are allowed the freedom of choice and peace.

When our troops stormed the beaches of Gallipoli, a legend was born and with every year since that same legend has continued to grow. The ideals of mateship, resilience and determination embedded in our Australian identity. While not always present or the way sometimes forgotten, ANZAC Days once again brings these ideas back to the forefront. Wartime is something that many of us have not experienced and it is something that many of us fortunately won't experience but it is important to take time to reflect on an event in our history that has shaped our modern world.

Mateship, resilience and determination are still vital values that must be instilled in our future generations. As educators, we often see our students giving up at the first sign of failing. Reluctant to try for the fear of the being 'wrong,' too great. How do we overcome this? Children need to be taught to take the 'long' road and to have another go if things don't go their way. They need to understand that F.A.I.L. is in fact a First, Attempt In Learning. While our classrooms are a far cry from Gallipoli, the idea isn't too different.

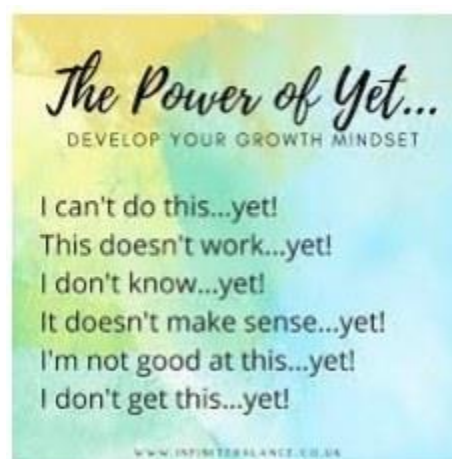
The landing of Gallipoli didn't go as intended and in fact as legend goes.....it was a F.A.I.L. (first attempt in learning). The actual landing site was far too rocky and as the soldiers approached the beach, discovered a coastline of hills and cliffs. An extract (<https://www.awm.gov.au/visit/exhibitions/anzac-voices/landing#:~:text=The%20landing%20on%20Gallipoli%20on,for%20the%20troops%20to%20regrou>)

"The troops had to scale treacherously steep ground with little understanding of the terrain. A few Australians almost reached their objectives for that first day but were forced back. This failure bogged the operation down for the rest of the campaign. Evacuation was considered on 25 April, but it was decided it was not feasible. Sir Ian Hamilton issued the order to hold on: "You have got through the difficult business, now you dig, dig, dig, until you are safe."



Our classrooms are full of epic fails but we must endeavour to foster a love of learning by encouraging our children to try again and if at first, we don't succeed, we have another go!

How can we help? A positive mind growth set is something that teachers tend to refer to when teaching our children how to be more resilient and to keep trying. The power of 'yet' is a valuable tool we can use when a child is confronted with something they are challenged by. For example: "I still don't know my 3x tables", we can instead say "I still don't know my 3x tables YET!"



Have a wonderful week!

Collette Stone

School Curriculum Officer

Sports Round-up

Well done to the students who participated in the Port Curtis Cross Country at Beneraby last Friday. Thank you to Mrs G for representing our school as an official and accompanying the children. From what I have heard, a great morning was had by all.







P&F News



Save the date for our biggest fundraiser for 2023!

St Joseph's Family Race day will take place on the 15th July, 2023.

We are looking for fabulous volunteers to ensure the running of the day goes smoothly. If you can help in anyway, big or small please make contact with one of the committee.

P&F Parent Supporter Shirts

The P&F Parent supporter shirts are now available to order. The cost will be \$49.50 each. For all sizing and order details please follow the link.

<https://forms.gle/emdhDnCob9VMfUAv7>



Wellbeing and Pastoral Care

What Can I Control? I Am Only Ever In Control of Myself!

We can all relate to having a desire to feel in control. We get bogged down with worries, want to be 'successful' by achieving certain things, and want to feel like we can provide for the people we care about. Whatever your motivation is for wanting control, you've likely experienced it regularly.

But the truth is that we don't actually have control over every aspect of our lives. There's a lot we can't control. For starters, you cannot control people. You cannot control their actions, reactions, thoughts, feelings, beliefs, etc. You are also not RESPONSIBLE for other people's actions, reactions, thoughts, feelings, beliefs, etc (excluding your non-adult children). We don't usually try to control people on purpose. But if we feel responsible for them, that responsibility can manifest in unhealthy ways.

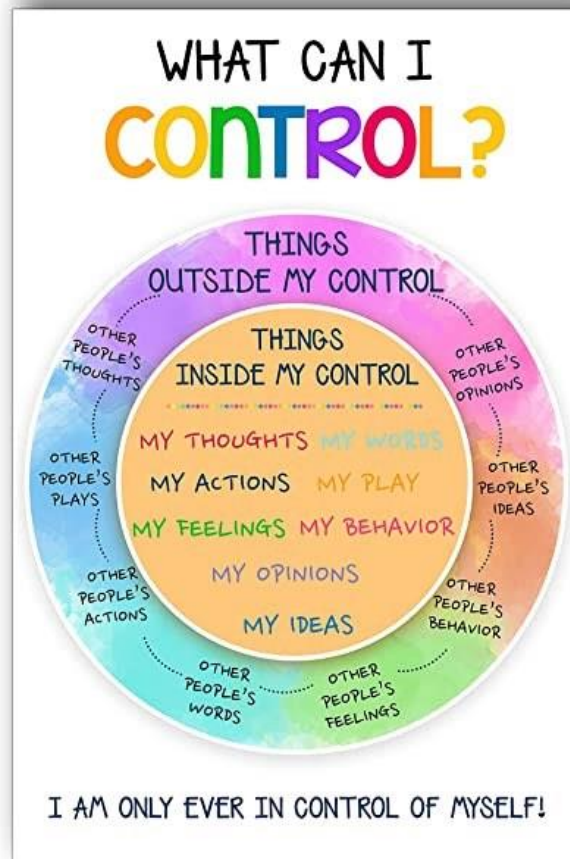
As a general rule, you are in control of your actions and reactions. Whenever your life feels out of control, try to focus on your present actions and reactions to stay grounded.

As another general rule, you must look inward instead of outward to find the things you have control over.

Some of these things may not feel attainable to you depending on how much energy you have. But with practice, you can learn to understand and work with it a little better.

You will not have control over what comes and goes, but you will have control over how you react to it. For example, you have little control over having emotions, but you can learn to let them go instead of holding onto them.

Extract taken from <https://www.thebeautifulifeplan.com/blog/20-things-you-cant-control-vs-20-things-you-can-and-how-to-let-go-of-control>



From the Parish Office

Parish Bulletin

Parish Priest: Fr Simeon Uchendu

Secretary: Colleen Nevell

Parish Office Hours: 9.00am - 12 noon Monday to Friday

Telephone: 4992 1252 Email: valleysregion@rok.catholic.net.au

Flu Season Reminder



5 - Google images

As you are aware every year Queensland experiences an influenza or flu season (COVID is making the rounds again as well!). As we enter this season it is timely to remind parents and care-givers not to be complacent about flu. Queensland Health advises that where possible, people need to be vaccinated for the flu every year.

Flu is a virus more serious than the common cold and can be spread through talking, coughing and sneezing. Symptoms include sudden fever, dry cough, muscle aches and pains, fatigue, headache, sore throat and a stuffy or runny nose.

If your child has flu-like symptoms, the following is advised:

- Keep your child home from school;
- Ensure your child washes their hands regularly with soap and water or sanitiser gel;
- Encourage your children when coughing or sneezing, to cover their mouth and nose with disposable tissues which should be disposed of immediately;
- Ensure they drink plenty of fluids and get lots of rest;
- Consult your doctor if you are concerned about their symptoms.

Queensland Health Guidelines advise that individuals displaying flu like symptoms should stay at home until such symptoms have passed (normally 5-7 days).

Families should also reinforce the recommended protective actions listed above.

Increased awareness and ongoing attention to prevention and control measures, such as vaccination and good hygiene, are steps that we can all promote to reduce the impact of influenza.

Parent Lounge

Do you have access to Parent Lounge?

Parent Lounge uses your unique family ID as a username and once set up the username/password combination can be set and then forget.

Once logged in you will be able to access features that allow you to update your details, your child's details, record an absence, update medical conditions, access reports and access Parent Teacher Interview bookings.

Moving forward, Parent Lounge will be the only method of accessing your child's Report Cards. If you do not have access, please contact Mrs Boothby in the office so this can be arranged.



6 - Image by TASS

STUDENT ABSENTEE HANDY TIP#:

DO YOU KNOW THAT YOU CAN ENTER YOUR STUDENT ABSENTEE ON PARENT LOUNGE?

YOU CAN BOOKMARK THE PAGE ON YOUR PHONE FOR CONVENIENCE, YOU DO NOT HAVE TO LOG ON TO A COMPUTER/LAPTOP TO MAKE THE ENTRY!

GOING FORWARD THIS IS THE PREFERRED METHOD OF COMMUNICATING STUDENT ABSENTEES AS IT NOT ONLY MARKS THE ROLL, IT PROVIDES A PARENT REASON FOR THE ABSENTEEISM AND ADVISES BOTH THE ADMINISTRATION STAFF AND THE TEACHER.



7 - Image by TASS

Finance News

School fees for the current term will be coming out this Friday, 28th April. We kindly ask that you settle your payment as soon as you can to avoid any inconvenience.

The due date for payment of fees is Friday, 12th May. If you are experiencing any difficulty or have a question regarding payment, please contact Kimberley Kingsnorth, Finance Officer via phone or return email for further assistance.

Birthdays



April

17th April Xander 9

20th April Rikki 9

23rd April Imogen 5

25th April Aleen 7

26th April Rhani 7

May

1st May Dash 8

4th May Zarah 9

5th May Cobia 8

7th May Emily 12

7th May Sara 12

10th May Lucia 5

Community Flyers